

Goose Green PSHE Vocabulary

Strand	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Feelings	Happiness Sadness Anger Fear Disgust	Kind Gentle Friend Angry Excited Nervous Sharing Taking turns	Uneasy Emotion Behaviour Acceptable Unacceptable Consequences Different Similar “Please stop, I don’t like that”	Excitement Disappointment Loss Upset Greif Frustration Perseverance Boasting Problem solving Resilience	Isolation Pressure Comfortable Uncomfortable Body language Facial expression Un/Confident Mindfulness Trustworthy	Cope Advice Speaking up Seperated Anxious Relieved Values Moral attributes Point of view	Jealousy Envy Aggravated Responses Strategies Perseverance Ambitious Improvement Difficulties Setback	Responsible Emotional state Consequences Body language Facial expression Tone of voice Resolution Point of view Negotiate Compromise
Safety			Address Phone number Lost Safe People Police Calm Strangers Protect Hazards Online strangers	Nervous Worried Anxious Share Trusted adult Estate Park Traffic	Risk assessing Possibility Minimise Key actions Travel Reduce Compromise Alternative	Road danger Road safety Pedestrian crossings (Zebra, Toucan and Pelican) Being aware Drowning Injury	Community Assess Identify risks Frustration Mange Critical moment Changing Impact Regret	Social media Online gaming Strategies Antisocial behaviour Support networks Peer pressure
Healthy living, medicines and drugs			Balanced lifestyle Hydrate Mental health Sun safe Medicines Measurement Doctor Nurse Health provider	Hygiene Self Care Health Choices Tablet Cream Inhaler Liquid medicine Injection	Dentist Decay Plaque Addiction Nicotine Lung cancer Dependency	Healthy lifestyle Rest Energy Bacteria	Virus Spread Vaccinated Illegal drugs Socially accepted drugs (alcohol, cigarettes, vapes)	Digestive processes Nutritional value Addiction Peer pressure
Citizenship	Look after Help each other Working together Litter Home School	Cooperation Caring Environment Pollution Recycling Reusing	Basic needs (food, water, etc.) Responsibility Look after Care Protect	Community Belong Positive impact Councillor Neighbourhood Improvements	Human development Urban Natural environment Damage	Congestion zones Biodiversity Hunting/poaching Soil erosion Endangered Extinct	Want vs. need Human rights Responsibilities Empathy Support Liberty	Distribution Fairtrade Values Moral issues Media Refugees

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		Safe place	Connect	Quality of life Environment	Law Treaty	Survival Fundraising Interdependence Parliament	Amnesty Animal rights Welfare	Global effect Coopartions Democracy Manifesto
Relationships	Special person Friend Family Love Care Sharing	Close Positive emotions Negative emotions Kind Helpful Close Taking turns	Unique Different Bully Fairness Left out Understanding Point of view Choices Advice	Close/ extended/ chosen family Individual Networks Support Family values Repair	Acceptance Support Overcome Empathy Reaction Attitude Belonging	Power struggle Recognition Isolated Control Friendship groups Mental health Dilemma Victim Witness Bystander	Peer pressure Point of view Conflict Misunderstanding Personal attack Assert Reconciliation	Respect Disrespect Support Trust Physical response Fancy/crush Attraction Tension Resolve
Growing up	Baby Child Adult Age Family Love	Toddler Teenager Care Growing Bigger Taller Older	Cry Sleep Milk/Formula Vitamins Growth Effort Resilience	Independence Scientific names for body parts Changing Effort Trusted Adult	Develop Capabilities Variation Skills Adaptations	Order Human reproduction hygiene Stereotyping Risk Pressure Aspiration Ambitions	Physical maturity Gestation Income Afford Individual Advice Uncomfortable Boundaries	Puberty Periods Menstruation Sanitary products Erection Media pressure Supportive agencies (ChildLine etc.) Transition