

# Goose Green Primary and Nursery School

## Week 1 Lunch Menu

### Monday

Spaghetti in Herb and Tomato Sauce with Parmesan

Vegetarian Rosti

Jacket Potato with a Choice of Fillings

Braised Savoy Cabbage with Sweetcorn

Salad Selection

Wholemeal Peach Crumble served with Custard Sauce

Fresh Fruit Platter

Fruit Yoghurt

### Tuesday

Beef Lasagne

Mixed Bean Ratatouille

Jacket Potato with a Choice of Fillings

Garlic Bread

Fresh Broccoli  
Roasted Butternut Squash

Salad Selection

Orange and Apple Wedges

Fruit Smoothie

### Wednesday

Baked Chicken Sausages with Yorkshire Pudding

Pasta Neapolitan

Jacket Potato with a Choice of Fillings

Roast Potatoes

Fresh Cauliflower with Fine Green Beans

Salad Selection

Chocolate Sponge served with Chocolate Sauce

Fresh Fruit Platter

Fruit Yoghurt

### Thursday

Chicken Madras

Sauté Sweet Potato with Mixed Beans

Jacket Potato with a Choice of Fillings

Steamed Basmati Rice

Citrus Carrots  
Sweetcorn

Salad Selection

Carrot and Parsnip Cake

Fresh Fruit Platter

Fruit Smoothie

### Friday

Salmon Rosti Cake

Crustless Quiche

Jacket Potato with a Choice of Fillings

Chunky Chips

Baked Beans  
Garden Peas

Salad Selection

Strawberry Jelly and Mandarins

Fresh Fruit Platter

Fruit Yoghurt

# Goose Green Primary and Nursery School

## Week 2 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni Cheese	Blackened Cajun Chicken	Roast Turkey with Gravy	Beef Bolognese	Battered Fish Fillet
Bean and Vegetable Pilaf	Oriental Stir Fry with Noodles	Linguine with Pesto and Parmesan	Vegetable Bolognese	Falafel Patty
Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings	Jacket Potato with a Choice of Fillings
	Steamed Basmati Rice	Roast Potatoes	Pasta	Chunky Chips
Fresh Broccoli Citrus Carrots	Braised Savoy Cabbage with Courgettes	Fresh Cauliflower with Mange Tout	Roasted Butternut Squash Fine Green Beans	Baked Beans Sweetcorn with Garden Peas
Salad Selection	Salad Selection	Salad Selection	Salad Selection	Salad Selection
Dorset Apple Cake served with Custard Sauce		Chocolate and Pear Sponge served with Chocolate Sauce	Fruity Flapjack	Vanilla Ice Cream with Fruit
Fresh Fruit Platter	Melon and Orange Wedges	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter
Fruit Yoghurt	Fruit Smoothie	Fruit Yoghurt	Fruit Smoothie	Fruit Yoghurt

# Goose Green Primary and Nursery School

## Week 3 Lunch Menu

### Monday

Penne Arrabiata

Vegetarian Shepherd's Pie

Jacket Potato with a Choice of Fillings

Braised Carrots with Sweetcorn

Salad Selection

Wholemeal Lemon Sponge served with Custard Sauce

Fresh Fruit Platter

Fruit Yoghurt

### Tuesday

Teriyaki Chicken

Black Eyed Bean and Vegetable Chilli

Jacket Potato with a Choice of Fillings

Steamed Basmati Rice

Braised Cabbage Roasted Parsnips

Salad Selection

Orange and Apple Wedges

Fruit Smoothie

### Wednesday

Steak Pie

Bubble and Squeak Cake

Jacket Potato with a Choice of Fillings

New Potatoes in Garlic and Herbs

Fresh Cauliflower with Fine Green Beans

Salad Selection

Wholemeal Banana Sponge served with Custard Sauce

Fresh Fruit Platter

Fruit Yoghurt

### Thursday

Meatballs in Herb and Tomato Sauce

Vegetable Lasagne

Jacket Potato with a Choice of Fillings

Spaghetti

Fresh Broccoli Butternut Squash

Salad Selection

Sweet Potato Cake

Fresh Fruit Platter

Fruit Smoothie

### Friday

Pizza Margherita

Thai Style Fishcake

Jacket Potato with a Choice of Fillings

Chunky Chips

Garden Peas Baked Beans

Salad Selection

Frozen Yoghurt with Fruit

Fresh Fruit Platter

Fruit Yoghurt

